Delaware Department of Correction

The Path to Eliminating Restrictive Housing in Delaware

ICRN/NCRP SEPTEMBER 2019



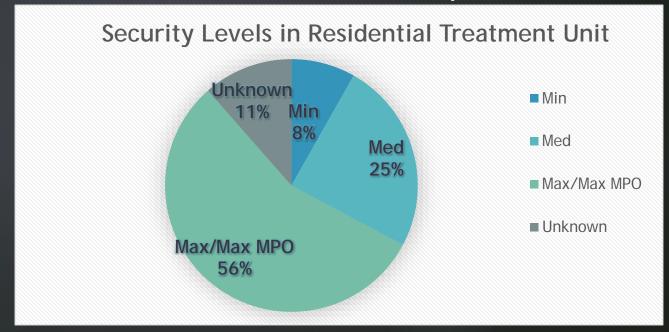
Overview

- Need for Change
- Change Process
- Current Operations
- **▶** Evidence of Change

Delaware Context

Unified System- No County Jail System

- Mix of Security Levels at Each Prison Poses Challenges
 - Example: Residential Treatment Unit for Mentally Ill Inmates



Delaware Context

- ▶ Which inmates were considered to be in Restrictive Housing?
 - ▶ 8 Housing Units among 4 Prisons

- What were the pathways to RH?
 - ► Classification (to Max)
 - ▶ Disciplinary Detention
 - ► Administrative Status
 - ▶ Pre-Hearing Detention

Delaware Context

- ▶ Information Management
 - Delaware Automated Corrections System (DACS)
 - Oracle-based offender management system
 - ▶ Modules track all offender movement/supervision
 - ▶ Used at all levels of corrections

Need for Change

- What prompted the lawsuit?
- Was there an opportunity to improve conditions and implement industry best practices?

Background on the Settlement

What prompted the lawsuit?

- National context of Restrictive Housing and Solitary Confinement
- Local concern: treatment of seriously mentally ill inmates in "solitary confinement"
- Class action CLASI acting on behalf of ACLU
- ▶ Settlement vs. going to Court- considerations

Before: Restrictive Housing (RH)

- ▶ RH consisted of <u>"23 & 1"</u>
 - ▶1 hour of rec time included yard and shower
- Disciplinary detention could be 90 days or more (no

limit- Warden's discretion)

Caption: RH units, indoor recreation yards



Caption: Additional view of RH unit in our largest facility



Change Process

What did we change?

► Important Considerations

- ► The settlement terms align with national industry best practices affirmed by NIC, ACA, etc.
 - ► Exception: We exceeded the national 30 day standard for limit on Disciplinary Detention (ours is 15 days)
- ▶ We have now eliminated RH according to the industry definition

Disciplinary Detention for any Inmate

- DD cannot be in excess of 15 consecutive days
- Must have "break" in between of 15 days
- ▶ SMI will not be placed in DD for any amount of time unless they present an immediate danger or there is no reasonable alternative

Alternative Meal Plans

- Per existing policy, AMPS may only be used to manage disruptive behavior that "threatens the safety and security of the institution, staff members, and other offenders."
 - ► AMP Forms must include a description of what the safety and security threat is- be detailed.
- Creation of Special Needs Unit (SNU) at Women's Prison
 - For female offenders needing an RTU

- ▶ Use treatment chairs and equipment for dangerous offenders to receive treatment
- Train staff on working with MI offenders
 - Completed through CIT and other training
- Female inmates on PCO must have access to menstrual products
 - Absent safety concerns (must document)
- Create Quality of Life matrix for RH

Caption: RH treatment chairs described in previous slide (faces de-identified)



► Wardens must issue report to Bureau Chief to justify any RH placement in excess of 6 months

► RH placements must be reviewed every 90 days by MDT

Construct programming/treatment space at largest men's prison and develop plan to use existing space to provide MH treatment to MI and SMI offenders in RH

Definitions Changed

UNSTRUCTURED REC

NOT To Be Counted as Unstructured Rec

- Showers
- Meals
- Appointments

CAN Be Counted as Unstructured Rec

- Indoor/outdoor rec and gym
- Religious practices outside cell
- Library, law library
- Dayroom, board games/cards/reading
- TV or other leisure activities outside cell
- Telephone
- Visitation

Definitions Changed

STRUCTURED THERAPEUTIC HOURS

Therapeutic Hours

- Group treatment and individual counseling (as determined by each inmate's individualized treatment plan)
- Subject to staffing & security
- Does not need to be "made up"

Current Operations

- What do routine operations look like?
- What are we tracking?

Data Collected

Data Collected	Where it Comes From
Demographic information	DACS individual profile; tied to SBI (used by all CJ agencies in state)
Security Level	DACS; updated by security staff
Mental Health Security Codes	DACS; updated by facility staff
Housing Unit	DACS; updated by security staff as part of classification
Unstructured activity time	DACS; updated by security staff daily
Structured therapeutic time	DACS; transcribed from contract medical provider paper records

Security Codes (Mental Health Designation)

- What are the security codes of inmates and how are they established?
 - ➤ Order requires DOC to continue conducting a mental health evaluation/assessment within 24 hours of admission into RH (must be a Qualified Mental Health Professional and must occur in confidential setting)
 - Keep in mind... Inmates already screened upon intake into facility
 - ▶ Behavioral health code options: NMI, MI, SMI, SMI-RTU

Facility	MI	SMI	SMI-RTU	Total	% of Total Facility Population
BWCI	85	120	10	215	68.5%
HRYCI	176	273	7	456	33.0%
JTVCC	232	368	17	617	35.0%
SCI	115	59	0	174	17.3%

Time Requirements by Designation

Inmate Security Code	Unstructured Hours (Rec)	Structured Hours (Therapeutic)
Not Mentally Ill (NMI)	17.5	N/A
Mentally Ill (MI)	17.5	Varies According to ITP
Seriously Mentally Ill (SMI)	17.5	Varies According to ITP
Seriously Mentally Ill needing Residential Treatment Unit (SMI-RTU)	10	10

Out of Cell Activity

- Out of Cell Time must meet minimum thresholds for certain offenders
 - Two types of out of cell time:
 - ▶ Recreation ("Unstructured")
 - Therapeutic/Treatment ("Structured")

What does "OFFERED" mean?

- → Meaningful offer
- → Inmate does not need to accept

Activity Data Collection

Name:		SBI #: Fai		acility:			
Date Incidents of multiple activities during a single day; information for each activity shall be placed in a new line	Date multiple activities single day; Cocation for each activity Docation for each activity Docation for each activity Status Unstructured Hours (Indicate the number of hours/minutes in the appropriate box) This is not to		Staff Member (Person completing the entry to include Rank, First and Last Name)	Comments Comments to include reasons for the offender no offfered/receiving unstructured activity such as visits, medical, cour etc. (Refer to Key)			
. V.52	-	RH/Housed	Disciplinary	Offered	Taken	Please Print	
		21 = 31					
		les - e					
		E					
			1 = =				
			1				
		Total	Hours	0	0		

Form Key	Appointment	A	
	Court	С	
Appointments may include hearings or other events where the offender in unavailable.	Lock Down	L	
	Medical	M	
	Visit	V	
	Refused	R	

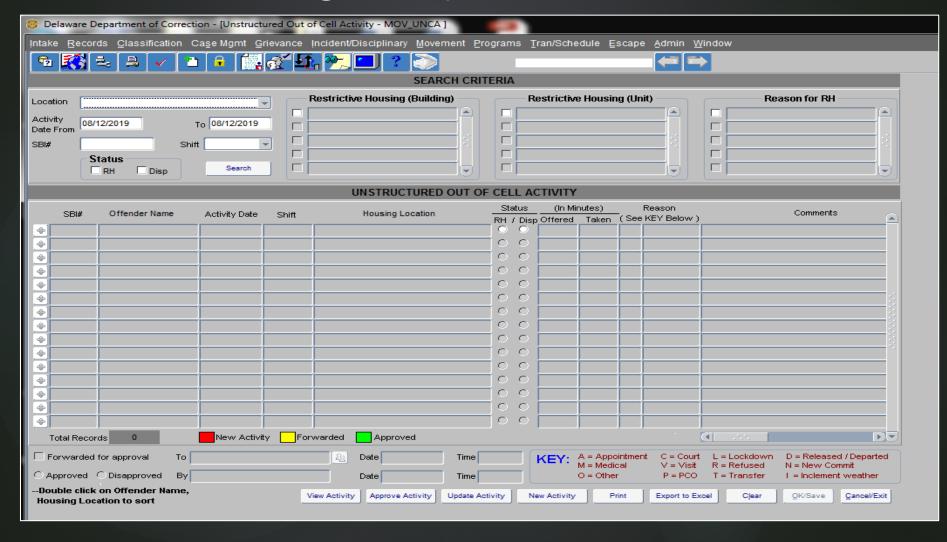
Facility Review	acility Review Upon Completion.		
Name/Ra	nk		
Signature/	Date		

Activity Report BOP Policy 4.3

Previously ...
Filled out/submitted
hard copy paper
forms

Activity Data Collection

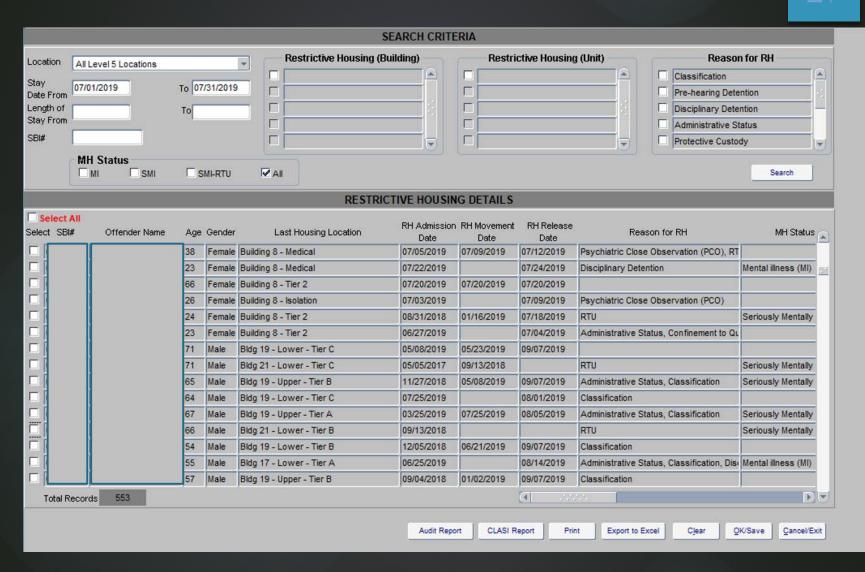
Now..... Completed in computerized Offender Management System, DACS



Compliance Reporting

- Reporting required for 5 years (2017-2021)
- DOC submits two reports to CLASI every month
 - Statistical report
 - Demographics for overall population set
 - Disciplinary detention data as applicable
 - Audit report
 - ▶ Includes details of individual's out of cell activity reports for all residents of designated housing units
 - ► Can require additional information if requested

Reports Submitted Monthly



Statistical Report



STATE OF DELAWARE DEPARTMENT OF CORRECTION Office of the Commissioner 245 McKEE ROAD DOVER, DELAWARE 19904

A1.

For the reporting period of 07/01/2019 - 07/31/2019, there were 525 offenders within the Bureau of Prisons, Level V facilities who were housed in a Restrictive Housing unit.

RESTRICTIVE HOUSING UNITS BY INSTITUTION					
BWCI	JTVCC	SCI	HRYCI		
UNIT 8	SH17,SH18,SH19,MH21	BMOD,DDA	2L		
53	410	28	34		
Other units*	Other units*	Other units*	Other units*		
4	3	0	0		

*'Other Units' refers to inmates who were in restrictive housing during the last reporting period but who were assigned to an area other than restrictive housing (ex: infirmary, psychiatric close observation, outside hospital) during the current reporting period. Because they will return to an area formerly considered restrictive housing upon their discharge from the temporary housing assignment, their 'stay' in restrictive housing is reflected here despite their physical location not being considered restrictive housing currently.

Audit Report



STATE OF DELAWARE DEPARTMENT OF CORRECTION Office of the Commissioner

245 McKee Road Dover, DE 19904

Claire DeMatteis Commissioner Telephone: (302)857-5234 Fax: (302)622-4457

Audit Report for Period of July 01 - July 31, 2019

Inmate Name: XX
Inmate SBI Number: XX
Institution: BW0

Housing Unit: UNIT 8(06/11/2019-07/08/2019), DPC(07/08/2019-07/18/2019), UNIT 8(07/27/2019-08/15/2019)

On Behavioral Health Roster: YES
Behavioral Health Category: SMI-RTU
Behavioral Health Code: BH4

Unstructured Recreational Out-of-Cell Time:

 Offered during the week of 07/01/19-07/06/19
 4.5 hours

 Offered during the week of 07/28/19-07/31/19
 0 hours

 Offered during the week of 07/21/19-07/27/19
 0 hours

 Offered during the week of 07/28/19-07/31/19
 5.5 hours

Structured Therapeutic Out of Cell Time:

 Offered during the week of 07/01/19-07/06/19
 8.08 hours

 Offered during the week of 07/07/19-07/13/19
 0 hours

 Offered during the week of 07/14/19-07/20/19
 0 hours

 Offered during the week of 07/21/19-07/27/19
 0 hours

 Offered during the week of 07/28/19-07/31/19
 5.18 hours

Inmate Name: XX
Inmate SBI Number: XX
Institution: JTVCC

Housing Unit: SH19(06/11/2019-09/07/2019)

On Behavioral Health Roster: YES

Behavioral Health Category: Seriously Mentally III (SMI)

Behavioral Health Code: N/A

Unstructured Recreational Out-of-Cell Time:

Offered during the week of 07/01/19-07/06/19 15 hours
Offered during the week of 07/28/19-07/31/19 16.28 hours
Offered during the week of 07/14/19-07/20/19 17.5 hours
Offered during the week of 07/21/19-07/27/19 17.5 hours
Offered during the week of 07/28/19-07/31/19 10 hours

Structured Therapeutic Out of Cell Time:

Offered during the week of 07/01/19-07/06/19 0 hours

Offered during the week of 07/07/19-07/13/19 .25 hours

Offered during the week of 07/14/19-07/20/19 0 hours

Offered during the week of 07/21/19-07/27/19 0 hours

Offered during the week of 07/28/19-07/31/19 0 hours



What about Disciplinary Sanctions?

- Discipline of MI, SMI, and SMI-RTU Inmates
 - ▶ Before Class 1 Disciplinary sanction can be imposed, Form D-MHAF (BOP Policy 4.2) must be completed which contemplates:
 - ▶ Whether mental health issues may have contributed to the conduct in question
 - ▶ Input from a Qualified Mental Health Professional
 - NCCHC took a position that MH professionals should not make recommendations about patient being in RH. The D-MHAF provides information from the provider, and SECURITY makes the decision.

What about Disciplinary Sanctions?

- Disciplinary Sanctions
 - NMI and MI inmates must receive 5 hours of unstructured rec while in disciplinary detention
- DOC shall not release inmates to the "street" directly from RH
 - To the extent possible
 - Unless unavoidable due to court order

Disci	iplinary Mental Health Assessment Form	DISCIPLINARY Case N	0.:		
nder Nan	ne:	Offender S.B.I. Number:			
Date I	Request Received: Date Completed and S	Submitted (Must be within	72 hou	rs):	
SECT	TION I				
то в	E COMPLETED BY A QUALIFIED MENTAL HEALTH PROFESS	SIONAL			
 W D D Is A D 	the offender currently on a mental health case load? What is the current mental health identification of the offender (SMI. MI, NMI toes the offender know where he/she is? toes the offender know what date it is? toes the offender know why he/she is seeing a hearing officer? the offender appropriately dressed? the offender able to speak coherently? re the offender's statements logical and organized? toes the offender avoid eye contact? hould the offender be referred for Mental Health Services evaluation?)?	☐Yes☐SMI☐Yes☐Yes☐Yes☐Yes☐Yes☐Yes☐Yes☐Yes☐Yes☐Yes	☐ MI ☐ No	□ NMI
1.	Have you, the Qualified Mental Health Professional, reviewed the incident and BOP Policy 4.2 Rules of Conduct for an understanding of the discipling regarding offenses contained within the disciplinary report? Does the offender have the capacity to participate in the hearing?	t/charged offenses	□Yes		
3.	If NO, why does the offender not have the capacity to participate? Would the offender need assistance to participate in a disciplinary hearing? If YES, what assistance would be needed and/or recommended?		□Yes	□No	
4.	Are there any medication issues that may have impacted the behavior of the offender related to this incident? If YES, please describe		□Yes	□No	
5.	Are there mental health issues that may have impacted the offender's behavior at the time of the charge? If YES, briefly describe those issues.		□Yes	□No	
6.	Are there mental health issues that should be considered regarding disposit of the offender if found guilty? If YES, briefly describe those issues and to possible relation to the disposition.		□Yes	□No	
	OMHP Member of Treatment Team Name/Title/Signature:		Date:		

Discipline of MI, SMI, and SMI-**RTU Inmates**

D-MHAF Form BOP Policy 4.2

Attachment A (G-05)

Revised August 2016

DOC MENTAL HEALTH/PSYCHIATRY OBSERVATION LEVEL SHEET

Form to be posted on inmate's door and then filed in the medical chart when released from watch

Nurse Signature: ______Date: _____

 Name:
 SBI:
 Location:

 Date/Time:
 Ordering Provider:

Shift Commander Signature:	Date:	
he authorized provider has ordered the patient to be	placed on (Please circle level; housing recommendation, res	strictions that apply, and backup recommendation):
LEVEL I (High Risk)	LEVEL II (Moderate Risk)	LEVEL III (Low Risk)
May or May not house alone	May or May not house alone	May or May not house alone
ermitted Materials: 1 Suicide gown; 1 blanket; 1 mattress 1 Styrofoam plate 1 Styrofoam plate 1 Styrofoam bowl 1 plastic utensil (or other utensil approved by facility and mental health staff) BH Statewide Director or Chief Psychologist must approve ANY reading (soft cover) and/or writing materials (security safe writing implements). Warden/his/her designee can override the above. 1:1 Observation 15 minute interval documentation 1:1 Observations when bathing/shaving iminute interval documentation 1:1 Observation when bathing/having	Permitted Materials: 1 Suicide gown; 1 blanket; 1 mattress 1 Styrofoam plate 1 Styrofoam cup 1 Styrofoam bowl 1 plastic utensil (or other utensil approved by facility and mental health staff) MH Site Director must approve ANY reading (soft cover) and/or writing materials. (safe security writing implements) Warden/his/her designee can override the above. 15 minute checks (staggered intervals no greater than 15 minutes) 1:1 Observation when bathing/ shaving	Permitted Materials: 1 DOC inmate uniform or 1 gown; 1 blanket; 1 mattress 1 Styrofoam plate 1 Styrofoam cup 1 Styrofoam bowl 1 plastic utensil (or other utensil approved by facility and mental health staff) MH Site Director must approve ANY reading (soft cover) and/or writing materials. (security safe writing implements) Warden/his/her designee can override the above. 15 minute checks (staggered intervals no greater than 15 minutes) 1:1 Observation when bathing/ shaving
/3 man back up ES/NO PINK FORM	2/3 man back up YES/NO GREEN FORM	2/3 man backup YES/NO BLUE FORM

Special Conditions Permitted (i.e. feminine hygiene/menstrual products):

33

- Inmates on PCO
 must have access to
 reading/writing
 materials
 - Absent safety concerns
 - Must use Form BCHS G-05 to document veto

Proof of Change

- What indicators do we use to measure performance?
- ► How has performance changed?

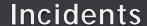
How do we measure climate?

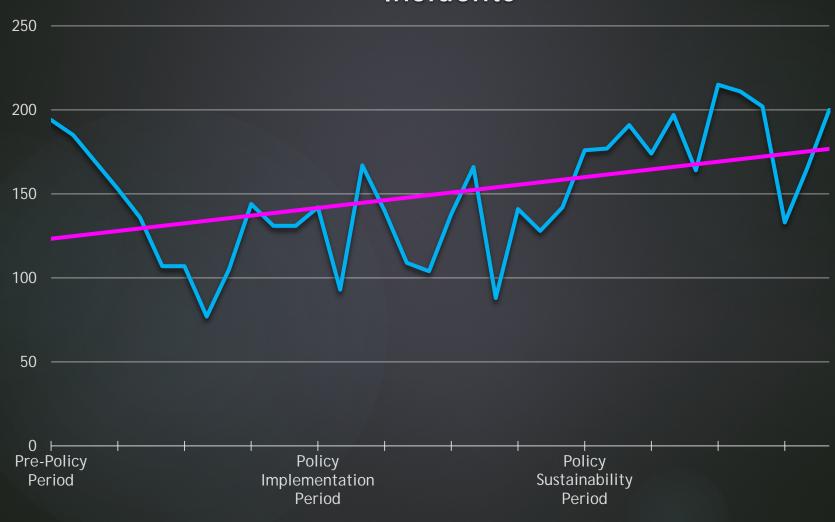
Overall Climate in These Housing Units

- Examine 3 Climate Indicators......
 - 1. Number of Class 1 Disciplinaries
 - 2. Number of Incidents
 - 3. Number of Grievances

▶ Diversion of MI/SMI Inmates from Disciplinary Detention





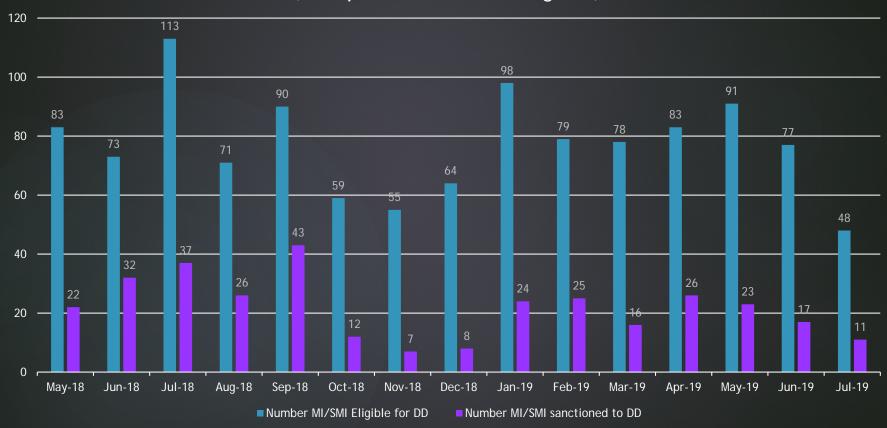




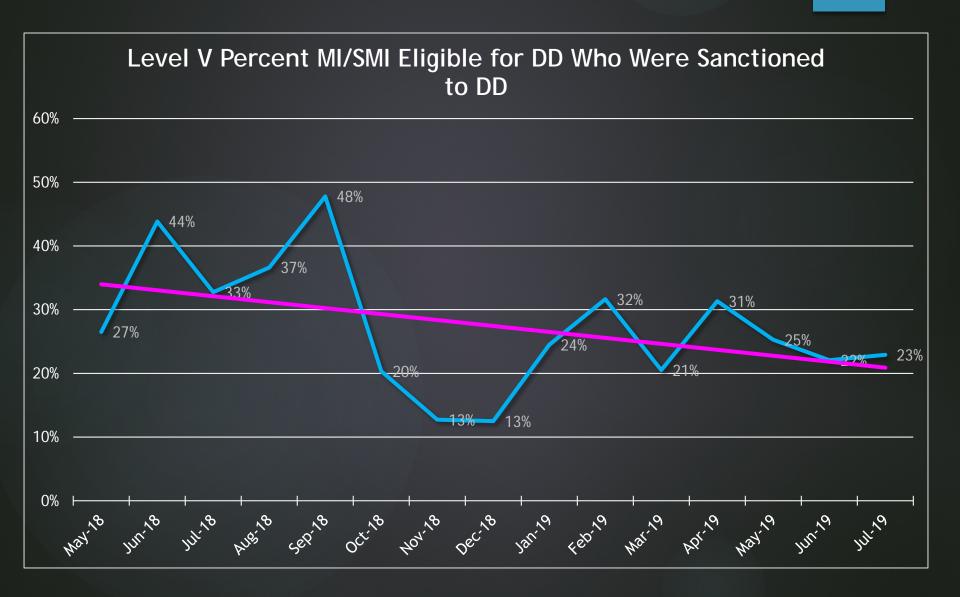
- ► Class 1 Disciplinaries- Decrease
- ► Incidents-Slight Increase
- ► Grievances- Decrease

Next... How are we doing with diverting mentally ill inmates from Disciplinary Detention?

Level V MI/SMI Inmates Receiving DD (Compared to Those Eligible)



Goal: To see the proportion of MI/SMI Inmates Sanctioned to DD Decrease Over Time



Wait... Why Monitor Restrictive Housing if You've Now Eliminated It?

"Designated Housing Units" vs. "Restrictive Housing Units"

Why monitor out of cell time if you don't have RH anymore?

Sustainability Post-Settlement

- Meetings ongoing with CLASI- greater collaboration & transparency
- Sharing data with field staff
- ▶ Reinforcing & culture change at Wardens Meetings

Ideas for Your Jurisdiction

- Determine which climate indicators would be meaningful for your staff (*with* your staff)
- Clearly communicate to your security staff and behavioral health teams which metrics you want to see changed
- Monitor the data monthly and frequently update field staff on progress

Questions?



Thank You!

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Want our presentation? Follow the QR code!

